

# Drug Information Sheet("Kusuri-no-Shiori")

Internal

Revised: 09/2015

The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.

## Brand name: ALOSENN Granules

**Active ingredient:** Senna leaf  
Senna pods

**Dosage form:** dark brown granules

**Print on wrapping:** (0.5g) AL, 0.5g, アローゼン顆粒, ALOSENN Granules  
(1.0g) AL, 1.0g, アローゼン顆粒, ALOSENN Granules



## Effects of this medicine

This medicine transforms into rheinanthrone by action of enteric bacteria in large intestine to show diarrhea effect and lowers intestinal tension.

It is usually used to treat constipation (except spastic constipation) and as a cathartic after use of the anthelmintic.

## Before using this medicine, be sure to tell your doctor and pharmacist

- If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines.  
If you have: acute abdomen, spastic constipation, indurated feces or electrolyte imbalance (especially hypokalemia).  
If you are a patient after abdominal surgery.
- If you are pregnant, possibly pregnant or breastfeeding.
- If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)

## Dosing schedule (How to take this medicine)

- Your dosing schedule prescribed by your doctor is<< to be written by a healthcare professional>>
- In general, for adults, take 0.5 to 1.0 g at a time, once to twice a day. The dosage may be adjusted according to the disease, age or symptoms. Strictly follow the instructions.
- If you miss a dose, take a dose as soon as possible when you noticed. If it is almost time for the next dose, skip the missed dose and follow your regular dosing schedule. You should never take two doses at one time.
- If you accidentally take more than your prescribed dose, consult with your doctor or pharmacist.
- Do not stop taking this medicine unless your doctor instructs you to do so.

## Precautions while taking this medicine

- This medicine may reduce its effect and be prone to depend on the medicine. Avoid long-term use.
- This medicine may change color of your urine to yellowish brown or red.

## Possible adverse reactions to this medicine

The most commonly reported adverse reactions include rash, abdominal pain, nausea/vomiting and borborygmus. If any of these symptoms occur, consult with your doctor or pharmacist.

**The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.**

No pertinent entries.

**The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.**

## Storage conditions and other information

- Keep out of the reach of children. Store away from direct sunlight, heat and moisture.
- Discard the remainder. Do not store them.

**For healthcare professional use only** / /

For further information, talk to your doctor or pharmacist.